

# Dealing with Grief in Sobriety

Hosted by  
District 9

When: Saturday, April 27<sup>th</sup>, 2019  
Where: St. Benjamin's Lutheran Church  
700 Kriders Cemetery Rd.  
Westminster, MD.  
Time: 10 a.m. - 12 Noon

We all will eventually have to deal with it at some point in our sobriety. The workshop will start at 10 am with a guest speaker panel discussing how we deal with grief in sobriety. How the practice of acceptance, asking our Higher Power for help, and talking with others helps to get us through the grieving process.

We will have question and answer time after the presentation.

We will also have coffee and donuts.  
Hope to see you there!



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[D9mdaa.org](http://D9mdaa.org)